

PE Long term Plan

Year Group / Term	Autumn	Spring	Summer
Y6	A1 Swimming / Handball A2 Gymnastics / HRE Basketball	SP1 Dance / Parkour SP2 Orienteering / Hockey	SUM1 Football / Tennis SUM2 Athletics / Cricket Rounders
Y5	A1 Netball / Parkour A2 HRE / Dance	SP1 Gymnastics / Tag Rugby SP2 Cricket / Orienteering	SUM1 Swimming / basketball SUM2 Athletics / Rounders Handball Football
Y4	A1 Football / Netball A2 Swimming / Gymnastics	SP1 Dance / HRE SP2 Orienteering / Hockey	SUM1 Handball / Tennis SUM2 Athletics / Cricket Parkour
Y3	A1 Netball / Multi Skills A2 Gymnastics / HRE	SP1 Dance / Tag Rugby SP2 Orienteering / Cricket	SUM1 Athletics / Basketball SUM2 Swimming / Rounders Handball
Y2	A1 Swimming / Multi Skills A2 Dance / HRE	SP1 Gymnastics / Multi skills SP2 Handball / Orienteering	SUM1 Football/ Tennis SUM2 Athletics / Striking & Fielding Invictus
Y1	A1 Multi Skills / Invictus A2 Swimming / Gymnastics	SP1 Dance / HRE SP2/ Multi skills / Orienteering	SUM1 Football / Athletics SUM2 Athletics / striking and fielding / match – rounders or cricket

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Reception	A1 People who help us A2 /Space/Winter/Christmas	SP1 Spring/Super heroes SP1 Improve: agility, Balance, catching and throwing.	SUM1 Swimming/Dinosaurs SUM 2 The Circus / Athletics
Nursery	A1 Listening games (stop & go)/People who help us A2 Winter / Christmas	SP1 Growing/Mini beasts/Jungle/ SP2 Improve: agility, Balance, catching and throwing	SUM1 Pirates SUM2 Under the sea