

RHE Long Term Plan

PSHE- Happy Mind, Healthy Me

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Year 7
Autumn	Topic Planning - Me and My World	All About Me	Friendships	All About Me	Friendships	All About Me	Friendships	All About Me	Living in the Wider World
Spring	Topic Planning - Rumble in the Jungle	Resilience and Coping	Belonging	Resilience and Coping	Belonging	Resilience and Coping	Belonging	Resilience and Coping	Health and Wellbeing
Summer	Topic Planning - Land Ahoy	Being the Best Me that I Can Be	My Wider World	Being the Best Me that I Can Be	My Wider World	Being the Best Me that I Can Be	My Wider World	Being the Best Me that I Can Be	Health and Wellbeing Living in the Wider World