

# The Impact of our P.E & Sport Funding

## St. George & St. Martin's Catholic Academy

Please feel free to investigate the different ways we have been getting Physically Active!

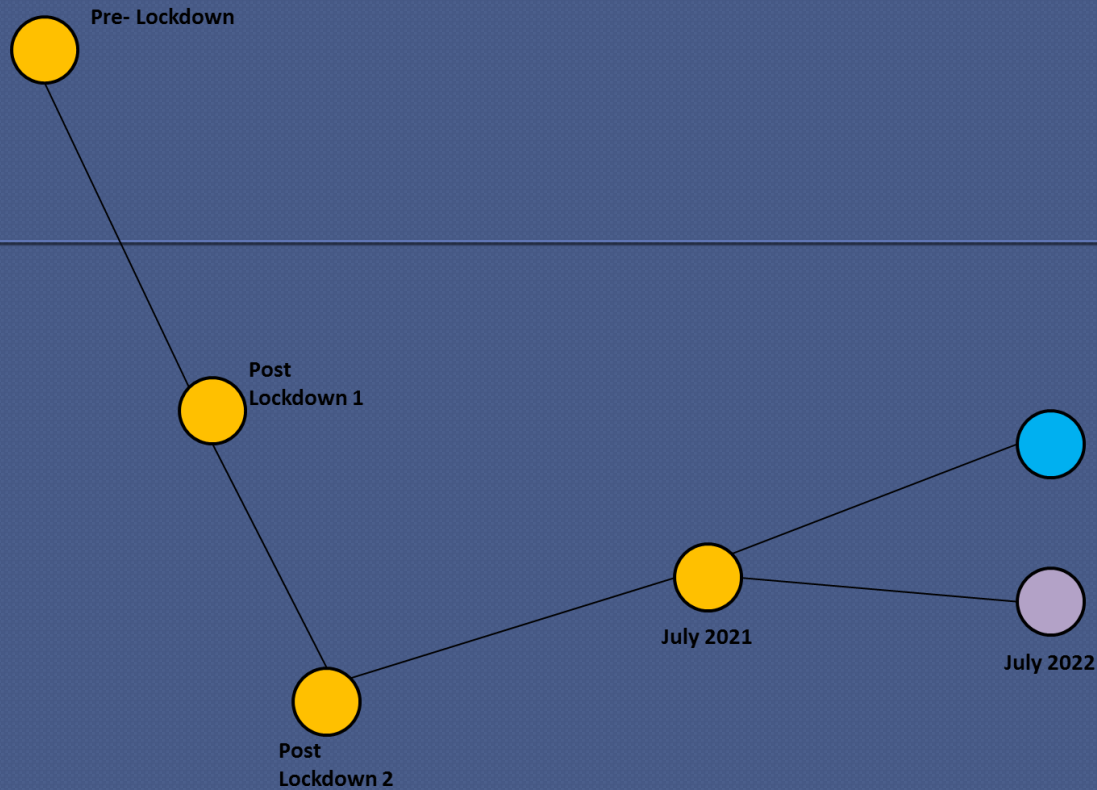


# 2022/2023 The Lockdown fightback continues...

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- Lockdown forced all of our pupils to be less active, since returning to School we've had lots of fun in P.E and found that some things feel trickier after a big break!
- In 2022/23 our children and staff are going to have lots of fun getting active. We're going to learn lots, improve skills & work hard to ensure we all get even faster, fitter and stronger!





- **We track our pupils performance in P.E in a range of ways, one method is through tracking cardio-vascular fitness.**
- **Our data shows that our children responded to the return from lockdown favourably. We restructured lessons and staged a fightback. A large percentage of our children have shown real progress in P.E. As a school we are also aware that we have a percentage of our children who are struggling to shake off the sedentary lifestyle lockdown forced them to adopt. We are aware of this and have planned multiple initiatives as a response.**

# Progress in 'The delivery in P.E'

- Every year our teachers evaluate our experiences of P.E.
- 'Green' statements show where our School is doing well, 'Red' shows where we are trying to get better!

	Statements classified as 'Green'	Statements classified as 'Amber'	Statements classified as 'Red'
St George & St Martins (2012/13)	9	31	9
St George & St Martins (2013/14)	14	30	5
St George & St Martins (2014/15)	19	26	4
St George & St Martins (2015/16)	26	20	3
St George & St Martins (2016/17)	29	18	2
St George & St Martins (2017/18)	35	13	1
St George & St Martins (2018/19)	35	14	0
St George & St Martin's (2019/20)	35	13	1
St George & St Martin's (2020/21)	36	12	1
St George & St Martin's (2021/22)	36	13	0



Lockdown didn't help us!

# Our School is in the process of improving the following areas....

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- **Orange 1:** Pupils exercise regularly, eat sensibly and know the importance of hydration.
- **Orange 2:** Pupils show very high levels of physical fitness and can work for prolonged periods of time.
- **Orange 3:** Pupils participate in every lesson, display positive attitudes towards PE and physical activity and engage in extra-curricular sport.

Please turn over to find out how we are doing it!



**Orange 1:** Pupils exercise regularly, eat sensibly and know the importance of hydration.

● Action Plan response:

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- We have made strides since coming back from lockdown, children are playing as we want them to at lunch and break times, and extra-curricular clubs are running as normal.
- We have entered more extra-curricular competitions than ever before. (x20)
- All classes benefit from very active, engaging and challenging PE lessons. (2hrs a week)
- Within school we are reaching our capacity in terms of what we can offer the children in PE. The next step as a school community is to begin the conversations with what happens outside of school. As a school we fear that families are leading a sedentary life style, resulting in a higher percentage of disengaged pupils within the school. We aim to begin to address in the next academic year. We will be running various competitions and initiatives for the families to participate in.
- Mr. Sigley will continue to run our increasingly popular 'Active Family', workshops throughout the academic year.

## Orange 2: Pupils show very high levels of physical fitness and can work for prolonged periods of time.

### **Action Plan response:**

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- As mentioned above, at SGSM have made progress within this area however it was negatively affected by the national lockdown. Therefore, we will remain focused on this area again this year. Our children will be focusing on getting as fit as possible and staying healthy!
- Children at SGSM will compete in our brand new, fitness focused, Inter-House competitions once every term. They will find out what the competition entails at the start of each term and the competition will take place at the end of the term.
- Playground leaders will set up and lead the activities involved at dinner times, allowing the children to train for the upcoming event.
- This new addition to the already vibrant P.E offer will hopefully inspire the children to getting even fitter (and it will be also be great fun!)
- We will also have a bigger focus on KS1 and FS 'BABY BOOMERS' for families to part take in a Friday taster session, leading into going to a Port vale session on the following Saturday morning which will then boost Family interest in getting active.
- Miss Arnold will implement a few reward system for each class. (Best Effort, Most Improved and Sustained effort) each lesson.

**Orange 3:** Pupils participate in every lesson, display positive attitudes towards PE and physical activity and engage in extra-curricular sport.

#### **Action Plan response**

- In order to inspire the children and engage their interest, Miss Arnold will implement a new reward system for each class (Best Effort, Most Improved and Sustained effort) each lesson. Once a child has raced around the track due to excellent effort, they will receive a reward.
- The wall of fame will continued to be celebrated each week in Friday's celebration assembly. The children's photographs will be placed upon it for all to see and admire.
- To motivate the children to partake in more after-school clubs and tournaments, Miss Arnold will be setting up extra after-school sessions to help children learn the skills before the main event so that children become more confident and build up their self-esteem.
- Mr Sigley is developing a brochure with information about extra-curricular opportunities in the city which can be given to the children, in the hopes that they take part.
- Miss Arnold will collect data, to see who attends after-school clubs and target those children who don't and ask them which clubs they would like to and try and implement as much as possible to meet their needs.



# Pupil Voice – Our P.E Curriculum!

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- Pupil A – ‘I enjoy Football with Mr Hill’ (6)
- Pupil B- ‘We do different each week’ (2)
- Pupil C- ‘I love everything we do in PE’ (R)
- Pupil D- ‘I feel happy in PE lessons’ (1)
- Pupil E- ‘I don’t have the fear of the ball anymore’ (3)
- Pupil F- ‘I like how we learn different sports each term, we never sit down’ (5)
- Pupil G – ‘I can now make a bridge and 2 point balance’ (4 )
- Pupil H- ‘PE makes us big and strong like the Hulk, we get muscular’ (1)



# Swimming!



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## Year 6 Swimming Data 2021-2022

Class of 2022: 17 children (56%) of the class of 2022 can swim a full length competently.

Although this figure is small all of the children have made considerable progress. We now have 28 (94%) children able to swim a width.



# We listen to our children... Extra-Curricular Pupil Voice!



- Miss Arnold has met with all of the children in KS2 who didn't attend a club last year. We asked what they would be interested in, this is what they said...

1. 'Golf'
2. 'Laser Tag'
3. 'Trampolining'
4. 'The splits'-Gymnastics
5. 'Snooker'

# At St. George and St Martin we make sure everybody is challenged to be their best!

- **'Change 4 Life' & Activ8**

- The 'Change 4 Life' club is full of children who are just starting to get active! They are enjoying getting fitter and stronger with our Playground leaders during lunchtime! After School our Activ8 club encourages children to have fun and move more!



- **'Sports Stars'**

- Our 'Sports Stars' are a group of pupils who have shown an extra exciting level of potential! This group works hard to get even better at clubs and special events through the Collegiate. Remember these faces!





# Wall of Fame!!!





# Wall of Fame!!!

