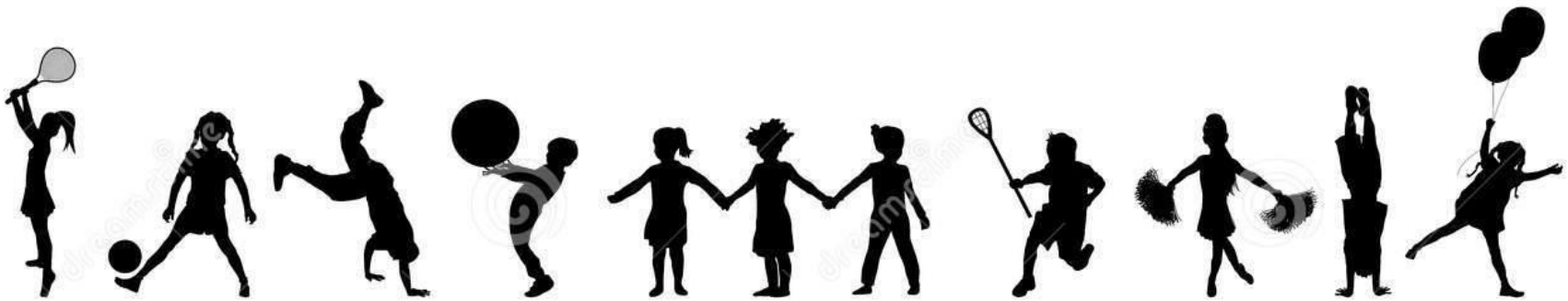


Stoke-on-Trent & Staffordshire: Get Active!



Created by the Newman Catholic Collegiate





City of Stoke Athletics Club



- Under 10's: Tuesday 6 – 7pm @ Northwood Stadium. Ring 01782 234400
- For ages 10 – 12: Tuesdays & Thursdays 7pm start. Coaching focuses on a mixture of Run, Jump & Throw.
- Opportunity to compete in a Midlands Young Athletes League.
- Membership to join the Athletics club costs £76 for the season



The Ballet Workshop



- Children's & Youth Ballet!
- A Company which prides itself as a family orientated School of Dance. Specialist in the teaching of Ballet. Class environments are relaxed & our younger dance programmes are structured to enhance creativity & capture the imagination. Classes work with specialist dance props & an extensive library of dynamic music to teach technique.
- Focus on interaction & enjoyment to send pupils home, happy & confident.
- First lesson free!
- Go to www.theballetworkshop.co.uk for a full timetable
- Call – 07590656027
- E- mail: info.theballetworkshop@gmail.com



Slam Dunk Basketball Sessions!



- Every Sunday 12 – 1pm
- Dimensions Leisure Centre, Scotia Road, Burslem, Stoke-on-Trent, ST6 4ET
- £3.00 per session
- Contact: 07523437845 E-mail: jav@twmad.co.uk
- Develop new skills, Have fun be competitive, Meet people & learn new skills



Alsager Aces Basketball Club



- Sundays 4:00 – 6:00
- Alsager Leisure Centre
- E-mail: alsager.aces@gmail.com
- Phone: 07850372324

Climbing/Bouldering: Awesome Walls Stoke!

Saturday and Sunday –
10.00am to 12.00 noon.

Tuesday, Wednesday & Thursday -
4.30pm to 6.00pm

Sefton Rd, Stoke-on-Trent ST3 5LW

Call - **01782 341 919**

Follow the link below:

[http://www.awesomewalls.co.uk/climbingcentres/stoke/
kids-club](http://www.awesomewalls.co.uk/climbingcentres/stoke/kids-club)

Happy Feet Dance Academy, Hanley



There is a full timetable to all classes offered on the website!

Kids Fitness! (Functional Training)

- Promoting Fitness in Children 5-16yrs and keeping there body active using every day movements. Helping to maintain a better understanding of the body and movements and helping understand the importance of been healthy.
- The classes are suitable for all fitness levels as every exercise (movement)can be made easier or more challenging
- General sportswear and trainers and a drink is suggested.

- **Biddulph Valley Leisure Centre**, Thames Dr, Biddulph ST8 7HL
- Tuesday 5.00 – 6.00 – 5-11 year olds – £3.10
- **Biddulph Youth & Community Zone**, Church Rd, Biddulph, Stoke-on-Trent ST8 6NE
- Monday 5.15 – 6.00 – 9-16year olds – £2.50 (free during June 2017)

- For more information contact:
- James Bourne (Kids Active Fitness)
E: kidsactivefitness@gmail.com
T: 07903 238817
www.facebook.com/KidsActiveFitness/



ASM Sports

Football Masterclass



- Hosted by Crewe Alexandra FC Academy coach Dan Colclough
- £5.00 per session
- St John's – Kidsgrove
- Monday – 18:00 – 19:00
- Saturday – 10:00 – 11:00
- Hillside Primary School – Baddeley Green
- Wednesday – 18:30 – 19:30
- Talented players will be invited to a trial for Crewe Alexandra FC Academy



SSE Wildcats Girls Football



- SSE Wildcats FA Girls' Football Centres
- Have fun, Make friends, Play Football
- Ash Green Primary School, Trentham, Stoke-on-Trent, ST4 8BX
- Fridays 4:00 – 5:00pm
- Contact Lucy Ridgway – 01782 592218

City of Stoke Gymnastics Club

Classes from:

- pre-school
- ages five to six
- ages seven to nine
- ten years and older
- Classes run on Mondays, Wednesdays, Thursdays, Fridays, Saturdays and Sundays.

Newcastle Street,
Burslem,
Stoke-on-Trent, ST6 3QT

E-mail: gym.centre@stoke.gov.uk

Phone: 01782 234444



Bedlam Brazilian Jiu Jitsu - Kidsgrove

- Wednesday – 18:00 – 19:00
- Age: 5-6+ Price: £5 per class(First session free)
- Saturday – 10:00 – 11:00
- Age: 5-6+ Price: £5 per class(First session free)

Behind Salon Symphony hairdressers, 23
Liverpool Road, Kidsgrove, ST7 1EA

07552977459

Kenzoku Jiu Jitsu @ Kidsgrove

- Every Monday
- Juniors (5-10 years) 5:30 – 6:30pm £4 per session
- Seniors (11+ years) 6:30 – 7:30pm £5 per session

- Tel: 01782 612422
- The Wade Centre, St. Thomas Church, 12 the Avenue, Kidsgrove, ST7 1AG
- First Class T-Shirt

Staffordshire Parkour Group

- Saturday Morning – 10:00 – 12:00
- Age: 9+ Price: £5
- Monday Night – 17:00 – 18:30
- Age: 8+ Price: £4



- Harding Road, Stoke-on-Trent, Staffordshire, ST1 3AE
Tel: 01782 222376/01782 222376
Email: hello@ymcans.org.uk
www.ymcans.org.uk

Junior Rugby @ Longton Rugby Club

- Longton Rugby Club, Trentham Fields, Off Sir Stanley Matthews Way, Stoke-on-Trent, ST4 8WG
- Cater for children from 5 years old
- All coaches RFU qualified & DBS checked
- Annual membership works out at less than £1 per week! (£45 for a whole season)
- They train on Wednesday & Sundays!
- E-mail: junior@longtonrugby.co.uk
- Call: 01782 594016



Burslem Junior Park Run

What is Burslem Park junior parkrun?

It is a 2k event for juniors only (4-14 year olds). If you are not a junior please try one of our weekly Saturday parkrun events instead.

When is it?

It is held every Sunday at 9:00am.

Where is it?

The event takes place at Burslem Park, 182 Moorland Rd, Stoke-On-Trent, ST6 1EA. See [Course page](#) for more details.



Olympic Taekwondo!



- For all ages, Children & Adults! Keep fit & learn self-defence in this Olympic art.
- Wallace Sports Centre, Abbey Hulton: Monday – 5:30 – 7:00pm, Saturday – 10 – 11:30am
- Smallthorne Community Centre: Tuesday – 6:00 – 7:00pm
- Alsager Leisure Centre: Thursday – 6:30 – 7:30pm
- Call: 01782 281906