

# The Impact of our P.E & Sport Funding

## St. George & St. Martin's Catholic Academy 2024/25

Please feel free to explore the different ways we have been getting Physically Active!



# 2024/2025 The Lockdown fightback continues...

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- Lockdown forced all of our pupils to be less active, since returning to school we've had lots of fun in P.E and found that some things feel trickier after a big break!
- In 2024/25, our children and staff are going to have lots of fun getting active. We're going to learn lots, improve skills & work hard to ensure we all get even faster, fitter and stronger!



- Every year our teachers evaluate our experiences of P.E.  
'Green' statements show where our School is doing well, 'Red' shows where we are trying to get better!
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<b>SGSM (09/2024)</b>	<b>37</b>	<b>12</b>	<b>0</b>

# Our School is in the process of improving the following areas....

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- ◉ **Orange 1:** Pupils show very high levels of physical fitness and can work for prolonged periods of time.
- ◉ **Orange 2:** Pupils are able to evaluate what needs to be done to improve their own and other's performances.
- ◉ **Orange 3:** Pathways from school to community sport and physical activity exist.

**Orange 1:** Pupils show very high levels of physical fitness and can work for prolonged periods of time.

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**Action Plan response:**

○ We have made progress in regard to the pupils resilience and ability to keep moving in lesson time. After Covid, we found some of our pupils were a little short of fitness, whilst data shows they have begun to make a recovery. We still feel that all of our children would benefit from being encouraged to challenge themselves to move a little more throughout each day.

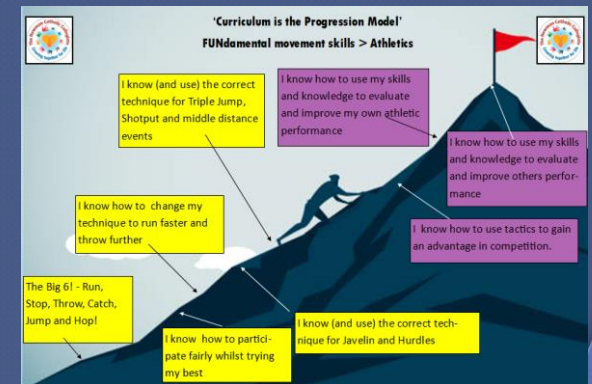
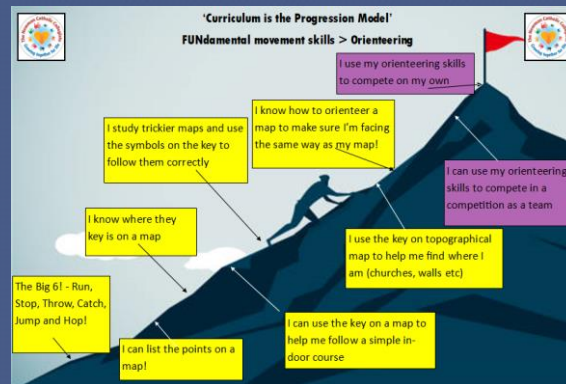
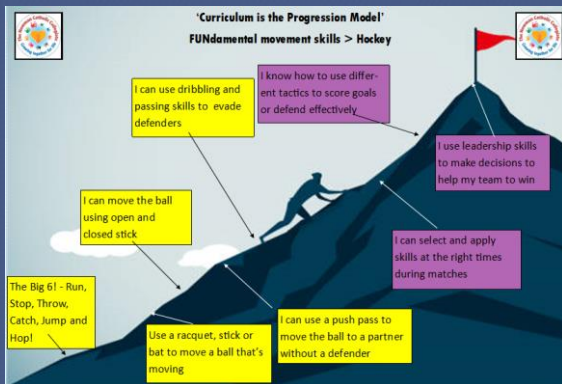
○ Mr. Sigley, Ms. Arnold & Ms. Hepple are running a range of initiatives to inspire the children to be the best they can be. We will also continue to use our effort bags as a reward and to tackle socio-economic barriers, as well as our Wall of Fame and Healthy, Lifestyle week.

**Orange 2:** Pupils are able to evaluate what needs to be done to improve their own and other's performances.

## Action Plan response

One issue we've found can be tricky for both staff and children is to how to make it really clear what the steps are to improve in each subject. Time is precious in P.E and we like are children to be as active as possible in P.E lessons – but we also want it to be clear for our children on what they need to do to improve (and how to do that).

Mr. Sigley has created some 'mountains' which will help the children to be able to reflect on their performance/depth of knowledge – these have been trialled and worked really well. From September 2024 onwards these mountains will be used for all P.E lessons, children will be able to identify where they are on their P.E learning journey and how to continue improving!



**Orange 3:** Pathways from school to community sport and physical activity exist.

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**Action Plan response:**

- We think our children are amazing at SGSM – especially in P.E! We think it's time our local community knows it too.
- Throughout 2024/25 we aim to encourage our children to become as active as possible outside of School. We will be strengthening links to community sport and physical activity and tracking how many of children are engaging with it.
- Ultimately we want our children to lead a healthy, happy and safe life. A great way to do that is to join in organised exercise outside of School.

# SGSM Wall of Fame!

- We celebrate our pupils fantastic progress and achievements in and out of School on the Wall of Fame!



# Swimming data

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Class of 2023: 19 children (63%) of the class of 2024 can swim a full length competently.

In addition to this, we now have 25 (83%) children able to swim a width.

# We will be meeting parents!

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Mr. Sigley & Mrs. Farmer likes to meet with the parents to discuss all things P.E at SGSM and issues in the local area surrounding activity levels and sedentary lifestyles.

It involves the children joining in and we all play fun games that involve little equipment and are easy/fun to play!

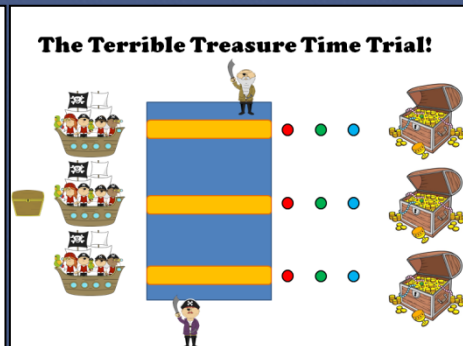
In 2024/25 we can start to run these again – and we can't wait!

# Fitness Focused Inter-House!

This year our children will be focusing on getting as fit as possible and staying healthy!

Children at SGSM will compete in our brand new, fitness focused, Inter-House competitions once every term. They will find out what the competition entails at the start of each term and the competition will take place at the end of the term. Playground leaders will set up and lead the activities involved at dinner times, allowing the children to train for the upcoming event. First up in Autumn is 'The Terrible Treasure Time Trial' and in Spring the children will negotiate the 'Superhero Slalom'!

This new addition to the already vibrant P.E offer will hopefully inspire the children to getting even fitter (and it will be also be great fun!)



# Our Olympic Challenges!

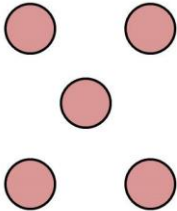


## Future Olympian Challenge!

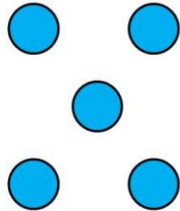
Tick all of the boxes to get your certificate



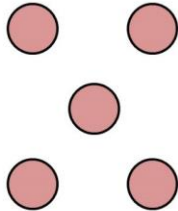
**Adam Peaty**  
Go for a swim!



**Sky Brown**  
Try something physically active  
you don't do very often!



**Team GB**  
Take part in a physical activity that  
requires you to be in a team!

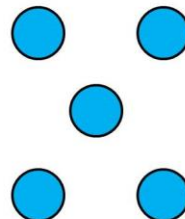


## Future Olympian Challenge!

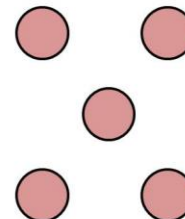
Tick all of the boxes to get your certificate



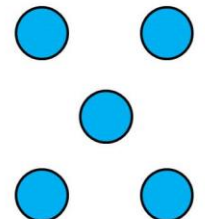
**Beth Shriever**  
Go for a bike ride!



**Max Whitlock**  
Practice your gymnastics or do an exercise  
that will improve your strength!



**Laura Muir**  
Go for a jog – the longer, the better!





























# Olympic Challenge



To celebrate the Olympics this Summer we are setting an Olympic sized challenge! We'd like you to see how many of these Olympic activities you can try before July 1<sup>st</sup>!  
If you complete 8 activities you'll get a bronze certificate, 16 = Silver and 24 = Gold! Good luck & have fun!

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|---|-----------------------|--|-----------------------|--|-----------------------|
|  Football                    | <input type="radio"/> |  Volleyball                 | <input type="radio"/> |  An Athletics Jumping event | <input type="radio"/> |
|  An Athletics throwing event | <input type="radio"/> |  Indoor Climbing            | <input type="radio"/> |  Boxing                     | <input type="radio"/> |
|  Golf                        | <input type="radio"/> |  Table Tennis               | <input type="radio"/> |  Trampolineing              | <input type="radio"/> |
|  Swimming                    | <input type="radio"/> |  Skateboarding              | <input type="radio"/> |  Water Polo                 | <input type="radio"/> |
|  A martial art               | <input type="radio"/> |  An Athletics running event | <input type="radio"/> |  Gymnastics                 | <input type="radio"/> |
|  Basketball                 | <input type="radio"/> |  Hockey                    | <input type="radio"/> |  Dancing                   | <input type="radio"/> |
|  Tennis                    | <input type="radio"/> |  Fencing                  | <input type="radio"/> |  Shooting at a target     | <input type="radio"/> |
|  Archery                   | <input type="radio"/> |  Handball                 | <input type="radio"/> |  Badminton                | <input type="radio"/> |