


Year 1	Block 1 – My musical heart beat	Block 2 – Exploring sounds	Block 3 – Learning to listen	Block 4 – Let’s perform together
Focus:	Pulse – Using tuned and untuned instruments	Experiment and composing	Listening	Performing – Use their voices
Social question:	How Can We Make Friends When We Sing Together?	How Does Music Make the World a Better Place?	How Does Music Help Us to Understand Our Neighbours?	How Does Music Teach Us About Looking After Our Planet?
Lesson 1	<p>Find The beat Warm up – Understanding Music. Introduce vocabulary such as ‘pulse’ – this is the musical heartbeat.</p> <p>Listening – ‘Find the Beat’ Respond questions</p> <p>Singing – Learn the Song.</p> <p>Musical game – Pass the beat around the room. https://youtu.be/8u5Jc3D5p3c</p>	<p>If you’re happy and you know it Warm up – Understanding Music. Recap vocabulary such as ‘pulse’ – this is the musical heartbeat.</p> <p>Listening – Respond questions</p> <p>Singing – Learn the Song.</p> <p>Perform the song.</p>	<p>Days of the week Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Learn the song. What do children hear in the ‘listen’ section – there is still the main melody but no words. What sounds can they hear?</p> <p>Sing the song.</p>	<p>The bear went over the mountain Warm up – Understanding Music.</p> <p>Listen and Respond.</p> <p>Learn and perform.</p>
Lesson 2	<p>1-2-3-4-5 Warm up – Understanding Music. Recap what is pulse.</p> <p>Listening – 1-2-3-4-5- Respond questions</p> <p>Singing – learn the song.</p>	<p>Sing me a song Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Children to explore a range of instruments and play along to the song.</p>	<p>Days of the week continued. Warm up – Understanding Music.</p> <p>Children to recap song. Sing it together.</p>	<p>In the Sea Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Children to learn and perform song.</p>

	<p>Play with claves to understand the rhythm.</p>	<p>(glockenspiels, percussion ect.)</p> <p>Perform the song with their added instruments in groups.</p>	<p>Children to then compose their own song using this melody.</p> <p>'Let's learn the ...' examples:</p> <ul style="list-style-type: none"> - Animals in a farm - Countries in the world - The numbers to 10. <p>Use the performing backing track if children want to perform their compositions in groups.</p>	
Lesson 3	<p>Continue 1-2-3-4-5</p> <p>Warm up – Understanding Music. Recap what is pulse.</p> <p>Listening – 1-2-3-4-5- Children to join in. Learn the song using boom whackers. C-D-E-F-G Children to play as a whole class, having groups for the notes.</p>	<p>Sparkle</p> <p>Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Children to draw along side the music – create a graphic score. What sounds can they hear.</p> 	<p>Name song</p> <p>Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Children to learn song and personalise it.</p> <p>Sing together. Give the option for children to sing their own name as a solo. Talk about the importance of listening. It allows them to come in at the right time and it shows respect for the performer.</p>	<p>Alice the camel</p> <p>Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Children to learn and perform song.</p>
Lesson 4	<p>Head, shoulders, knees and toes</p>	<p>Rhythm in the way we walk</p>	<p>Cuckoo</p>	<p>Alice the Camel</p>

	<p>Warm up – Understanding Music. Recap what is pulse.</p> <p>Listening – Respond questions</p> <p>Singing – learn the song.</p>	<p>Warm up – Understanding Music.</p> <p>Listen and respond. Focus on the different things they can hear – new structure.</p> <p>Singing – learn the song. Children to add in where the trumpet it – pretend to play.</p>	<p>Warm up – Understanding Music.</p> <p>Listen and respond.</p> <p>Children to listen for the parts that repeat. Does the ‘cuckoo’ sound only appear through singing?</p> <p>Singing – learn the song. Perform if time allows.</p>	<p>Warm up- Understanding music</p> <p>Listen and respond.</p> <p>Recap song.</p> <p>Children to play along with the song on glockenspiels.</p> <p><i>This lesson could be swapped with another song if children prefer – see perform with instruments.</i></p>
Lesson 5	<p>Shapes Warm up – Understanding Music. Recap what is pulse.</p> <p>Listening – 1-2-3-4-5- Respond questions</p> <p>Learn the song using boom whackers. C-D-E Children to play as a whole class, having groups for the notes.</p>	<p>Big Bear Funk Warm up – Understanding Music.</p> <p>Listening – Respond questions</p> <p>Highlight the different types of music that you’ve listened to throughout the unit – there are different types of music.</p> <p>Children to learn song – singing. Children to perform song.</p>	<p>Upside down Warm up – Understanding Music.</p> <p>Listening and respond questions.</p> <p>Highlight how the music goes upwards in pitch then comes down with the ‘upside down’.</p> <p>Instrumental section – identify the flute copying the main melody.</p> <p>Children to listen to the song again and draw the different sounds they can</p>	<p>Ten Green Bottles Warm up – Understanding Music.</p> <p>Listen and respond questions.</p> <p>Children to learn song and perform.</p> <p>If time allows you could add playing with instruments – untuned percussion/ glockenspiel (<i>Play your instruments with the song</i>)</p>

			<p>hear – for example the music going up with a line then coming back down.</p> 	
Lesson 6	<p>We talk to animals Warm up – Understanding Music. Recap what is pulse. Listening – Respond questions</p> <p>Singing – learn the song.</p> <p>Perform – children to perform song in groups.</p>	<p>Big Bear Funk - continued Warm up – Understanding Music.</p> <p>Listening – Respond questions</p> <p>Highlight the different types of music that you've listened to throughout the unit – there are different types of music.</p> <p>Children to play boomwhackers alongside. (See Play Your Instruments – adapt for boomwhackers)</p>	<p>Hush little baby Warm up – Understanding Music.</p> <p>Listen and respond questions.</p> <p>Ask questions such as did the music sound like what you expected? Children might expect a song called 'hush little baby' to be a quiet and calm song. The might expect a quiet <i>dynamic</i> and slow <i>tempo</i>. Discuss this.</p> <p>Children to then learn and sing song.</p>	<p>Zoo time Warm up –Understanding Music.</p> <p>Listen and respond questions.</p> <p>Children to learn song and perform.</p> <p>If time allows you could add playing with instruments – untuned percussion/ glockenspiel (<i>Play your instruments with the song</i>)</p>